

Lea Community Primary School

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Lea Community Cycling Curriculum Progression Document

Year Group	Progression of Skills
EYFS	<ul style="list-style-type: none">➤ Learn to Ride / Balanceability➤ Children learn to balance, pedal and ride a bike independently.
Y1	<ul style="list-style-type: none">➤ Label the parts of a bike➤ Continue to learn to ride / Balanceability➤ Children continue to balance, pedal and ride a bike independently to gain more confidence.
Y2	<ul style="list-style-type: none">➤ Fun Cycle skills / Go Ride Coaching➤ Includes games, coaching and races to give children confidence on a bike.
Y3	<ul style="list-style-type: none">➤ Children learn how bicycles have changed and evolved over time➤ Children continue fun cycle skills to give children more confidence on a bike.
Y4	<ul style="list-style-type: none">➤ Children learn cycle safety➤ Children learn basic map reading and route planning so they can make independent journeys.➤ Children continue fun cycle skills with obstacles.
Y5	<ul style="list-style-type: none">➤ Bikeability Level 1&2 Combined Course➤ Children learn road safety on bikes.➤ Level 1 – maintain your cycle, glide and control your bike.➤ Level 2 – start and stop, passing vehicles on quiet roads and understanding the road.
Y6	<ul style="list-style-type: none">➤ Bikeability Level 3➤ For children who cycle regularly and have achieved Level 2 Bikeability.➤ Children learn skills needed to stay safe in more challenging urban situations.