

# Lea Community Primary School

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## Lea Community Cycling Curriculum Progression Document

### EYFS (including Y1)

- Learn to Ride / Balanceability
- Children learn to balance, pedal and ride a bike independently.

### Year 2 (including Y3)

- Fun Cycle skills / Go Ride Coaching
- Includes games, coaching and races to give children confidence on a bike.

### Year 4

- Map Reading and Route Planning
- Children learn basic map reading and route planning so they can make independent journeys.

### Year 5

- Bikeability Level 1&2 Combined Course
- Children learn road safety on bikes.
- Level 1 – maintain your cycle, glide and control your bike.
- Level 2 – start and stop, passing vehicles on quiet roads and understanding the road.

### Year 6

- Bikeability Level 3
- For children who cycle regularly and have achieved Level 2 Bikeability.
- Children learn skills needed to stay safe in more challenging urban situations.